

"Seeing Is Believing" Charity Run

In conjunction with the 18th World Association of Eye Hospitals (WAEH) Annual Conference hosted by the Aier Eye Hospital, the "Seeing Is Believing" Charity Run of the Eye Care Foundation will take place.

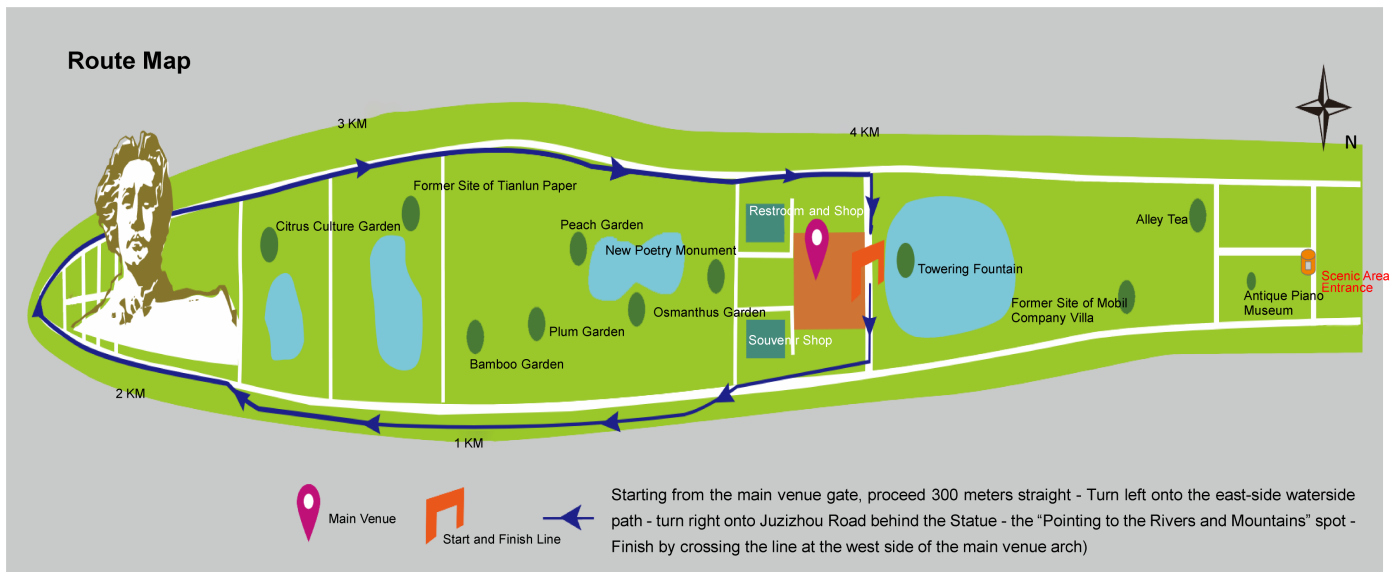
Location: Juzi Island (Orange Island) Charity Run

(II) Participants

Attendees of WAEH Annual Conference

(III) Event Route

The charity run follows a clockwise circular route, starting from the main venue - the left sidewalk (Near the river) - Juzi Island (Orange Island) Road behind the Statue - the "Pointing to the Rivers and Mountains" spot - returning to the main venue along the right sidewalk (On the road). The total distance is approximately 4 kilometers. Participants can choose to complete the entire route or take a small train back to the main venue from the Citrus Culture Garden based on their physical conditions. You can also walk.



Event Rules

1. Registration Process

Enter the charity run registration page of the WAEH official website - fill in Participants will receive accident insurance for the event day, and finishers will be awarded a commemorative medal.

2. Charity Empowering

Initiated by the Eye Care Foundation in 2017, the "Seeing Is Believing" project specifically provides public welfare assistance to disadvantaged eye disease patients requiring society's collective attention. In this charity run, all registration fees will be donated to the "Seeing Is Believing" project. Additionally, the Eye Care Foundation will donate an extra 200 yuan for each participant who completes the race, with all funds allocated to treating disadvantaged eye disease patients.

(VI) Liability Statement

Participants should confirm their physical conditions before registering. Not suggest to those with the following conditions:

1. Congenital heart disease and rheumatic heart disease;
2. Hypertension and cerebrovascular diseases;
3. Myocarditis and other cardiac diseases;
4. Coronary artery disease and severe arrhythmias;
5. Any other conditions not proper for such activity.

II. Introduction to the "Seeing Is Believing" Project

Every five seconds, someone in the world loses their sight; every minute, a child goes blind. 90% of the blind live in developing countries. In China, approximately 450,000 people lose their sight annually, meaning nearly one person every minute.

The "Seeing Is Believing" public welfare project has received medical and technical support from leading ophthalmic institutions from different regions to guarantee local implementation. A project management and execution team is established to ensure effective, standardized management and continuous execution of the charity project, organizing charitable visits to 20 provinces to 16000 patients with economic disadvantage.

III. Introduction of The Eye Care Foundation

The Eye Care Foundation, established in February 2015 with the approval of the Hunan Provincial Department of Civil Affairs, is a non-profit organization dedicated to the field of eye health. Guided by a vision to reduce the avoidable blindness and ensure universal access to eye health, the foundation systematically promotes the improvement of eye health for all. It is committed to assisting patients with eye diseases in need, raising public awareness of eye health, and supporting ophthalmic research and grassroots training for primary care ophthalmologists.

Since its establishment, the Hunan Eye Care Foundation has consistently followed the policies of the Communist Party of China and the Chinese government as its guiding principles. It actively responds to national strategies, including poverty alleviation, rural revitalization, and the pursuit of common prosperity, aiming to address the eye health needs of vulnerable groups that include the elderly, left-behind children, people with disabilities, and retired

military personnel. The foundation has extensively united the efforts of governments, enterprises, medical institutions, and volunteers across society, carrying out eye health public welfare actions such as eye disease relief, science popularization, and primary diagnosis and treatment capacity building in 31 provinces nationwide and countries along "the Belt and Road" such as Myanmar, Laos, and Cambodia. It has implemented charitable cataract surgeries for over one million patients and provided free services of diagnosis and screening as well as eye health education to nearly 200 million people, establishing a long-term mechanism to prevent poverty and re-poverty due to eye diseases. It has effectively promoted the progress of blindness prevention and treatment as well as the level of Chinese eye health, making great contributions to Healthy China Initiative, and promoting the achievement of Sustainable Development Goals.

The charitable actions of the Eye Care Foundation have been highly recognized by the government and society. It has been awarded honors and awards such as National Advanced Social Organization, 5A-Grade China Social Organization, "Annual Model Foundation" from China Charity Ranking, full marks on the China Foundation Transparency Index (FTI), China Red Cross Bo'ai Medal, the Overseas Chinese Love Charity Star, "Top Ten Charity Projects" on the China Charity List, etc.

IV. Assistance Cases

6-Year-Old Girl Finds Light After Seeking Medical Help Across Many Places

A six-year-old should have eyes brimming with curiosity and purity, much like the hopeful and pure rising sun, able to bring solace with a single look. But Wenwen's eyes were clouded with uncertainty about the world.



When she was seven or eight months old, her family noticed Wenwen frequently rubbing her right eye. Over the next five years, her family took her to several hospitals in Shaanxi and Shandong provinces, receiving various diagnoses from doctors. Ultimately, due to poor corneal conditions, complex disease, lack of doctors with surgical capabilities in the hospitals they visited, and inability to find suitable corneal donors, Wenwen never received effective treatment.

Later, during a local free clinic, a screening doctor discovered Wenwen's severe condition. However, upon hearing the cost of surgery, Wenwen's family was at a loss. Wenwen was born into a modest rural family; her parents divorced when she was young. She lives with her nearly sixty-year-old grandparents and her four-year-old sister, while the whole family depends on her father's income from working away from home, barely getting by. The Eye Care volunteers, understanding Wenwen's family situation, applied for public welfare assistance from the Hunan Eye Care Foundation. With the financial burden of the surgery resolved, Wenwen's father felt a huge weight lifted. Wenwen was sent to Beijing for treatment.



The surgery went smoothly, and Wenwen's right cornea was free from any abnormalities. By the time she was discharged, she could walk by herself. Wenwen's father expressed his gratitude, saying, "Now Wenwen can manage daily activities on her own, which has relieved a lot of our family's burden. We are very thankful to the kind-hearted people who brought light to my child and hope to my family..."

60-Year-Old Woman's Road to Sight Restoration

Auntie Chen, a 60-year-old from Xinzhou District, Wuhan, is only 110cm tall and has weak legs, unable to walk or stand for more than ten minutes. By the end of 2019, she felt her vision becoming increasingly blurry. During the COVID-19 pandemic, her vision deteriorated further despite using eye drops every day. Eventually, she could hardly tell apart the seeds she planned to sow. She considered visiting a major hospital but was hindered by her physical condition, delaying treatment.

With the help of volunteers, Auntie Chen was sent to a hospital where she was diagnosed with senile nuclear cataract, with a preoperative vision of only 0.06. Learning that surgery was necessary, she worried about the cost. Auntie Chen has been frail since childhood; her son inherited her short stature and remains unmarried at over 30 years old. Her husband, over 60 years old, frequently falls sick, and the family relies on a small farm and government aid for sustenance. Given their financial situation, even the thought of an additional meat dish had to be weighed carefully; surgery seemed impossible.

Upon understanding her concerns, Eye Care volunteers applied for public welfare assistance for her. The surgery was successfully completed, and the next day, Auntie Chen's vision reached 1.0. After the surgery, Auntie Chen was visibly joyful. Throughout her life, she had endured the sympathetic or judgmental stares of others due to her congenital condition. Despite her health issues, Auntie Chen has always faced life with a positive attitude, striving to live independently through her own efforts. Life may not always go as we wish, but it certainly smiles upon those who are optimistic and hardworking like Auntie Chen.



"Seeing Is Believing" is a charitable project initiated by the Hunan Eye Care Foundation. It offers vital medical assistance to those in need, including underprivileged families, bereaved elders, and left-behind children, all of whom require society's collective attention for their eye health issues. Let's unite in caring for the 1.3 billion "eyes" in China, bringing light to those seeking hope and vision.